

Family Faith at Home



Our Final *Family Faith at Home*

The Department of Youth Faith Formation has been honored to provide this resource for you and your family for the past several weeks. It is our hope that you will continue to share where and how Christ is moving in your lives with each other as we go into the summer months.

Would you mind taking a 3-minute survey sharing with us your experience of Family Faith at Home and how we can continue to support your family in faith.

May the Holy Spirit strengthen and guide you all! May your hearts be enkindled to share the Good News with all you meet! And may the love of Jesus Christ be with you always.

Survey Link: <https://www.surveymonkey.com/r/FFAH>



Solemnity of the Body and Blood of Christ

Mass Readings:

Deuteronomy 8: 2-3, 14b-16a
Psalm 147: 12-13, 14-15, 19-20
1 Corinthians 10: 16-17
John 6: 51-58

[Readings can also be found at the United States Conference of Catholic Bishops.](#)

Discuss

Share the readings as a family and then discuss:

1. The first reading reminds us not to forget God because He does not forget us. Why do you think we forget to think about God sometimes? How can we remember to think about Him?
2. The Responsorial Psalm is about praising God for all the good things He has done. What do you want to praise God for?
3. How does food nourish you?
4. How do you think receiving Jesus in the Eucharist nourishes you?

Share:

As Catholics, we believe the Eucharist is truly the Body and Blood of Jesus and not a symbol. Jesus loves us so much that He wants to be fully with us! St. Francis of Assisi once wrote: "What wonderful majesty! What stupendous condescension! O sublime humility! That the Lord of the whole universe, God and the Son of God, should humble Himself like this under the form of a little bread, for our salvation!"

Watch

For younger children at [cartoon explaining the Eucharist](#)

For those with older children: [Fr. Pontifex on the Eucharist](#)

Pray

This week we pray another sequence at mass called "Laud Sion" or "Praise Zion." Pray this as a family together. The shorter version is on the next page.

Do

The word Eucharist comes from the Greek meaning "thanksgiving." Every day this week put a note on the door of each member of your family that says why you are thankful for them. Place a bowl under or near a crucifix and place a note each day that tells Jesus what you are thankful to Him for.



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Family Faith at Home



Corpus Christi Sequence

Lauda Sion

Lo! the angel's food is given
To the pilgrim who has striven;
see the children's bread from heaven,
which on dogs may not be spent.

Truth the ancient types fulfilling,
Isaac bound, a victim willing,
Paschal lamb, its lifeblood spilling,
manna to the fathers sent.

Very bread, good shepherd, tend us,
Jesu, of your love befriend us,
You refresh us, you defend us,
Your eternal goodness send us
In the land of life to see.

You who all things can and know,
Who on earth such food bestow,
Grant us with your saints, though lowest,
Where the heav'nly feast you show,
Fellow heirs and guests to be. Amen. Alleluia.

Sunday Mass

Mass at St. Patrick's Cathedral is streamed live at 10:15 on Sunday in English and at 4:00pm in Spanish

Department of Youth Faith Formation

The Department of Youth Faith Formation encompasses the Catechetical Office and Office of Youth Ministry. Collaboratively, these offices work with parishes and parish leaders to support their efforts to help young people (grades Pre-K to 12) and their families encounter Christ and grow in their Catholic faith. The Department provides training, resources, consultation, networking and events.

Catechetical Office

Website: NYFaithFormation.org

Facebook: [NYFaithFormation](https://www.facebook.com/NYFaithFormation)

Office of Youth Ministry

Website: OYMNY.org

Facebook: [oymny](https://www.facebook.com/oymny)

Instagram: [@oymny](https://www.instagram.com/oymny)

Twitter: [@oymny](https://twitter.com/oymny)



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