

Church of St. Joseph, Bronxville, NY



2020/2021

Confirmation Service Project

As preparation to receive the sacrament of Confirmation, you are asked to make a commitment to perform community service. Think about the ways in which your talents and abilities can help others by focusing on the Corporal Works of Mercy and the Spiritual Works of Mercy.

The Corporal Works of Mercy are specific instructions given by Christ himself for the aid and comfort of those less fortunate than us: feeding the hungry, giving drink to the thirsty, clothing the naked, sheltering the homeless, visiting the sick, visiting the imprisoned and burying the dead.

The Spiritual Works of Mercy are specific instructions from Catholic Christian tradition by which we help each other grow in the Spirit: counseling the doubtful, instructing the ignorant, admonishing the sinner, comforting the sorrowful, forgiving injuries, bearing wrongs patiently, and praying for the living and the dead.

For your service project, please select **one** Corporal Work of Mercy and **one** Spiritual Work of Mercy. (We have attached a list of suggestions for you.) After you complete your service, please fill out the **Service Activity Report, which is a Google Form, and describe how you met your service commitment to perform this work. Here is a link to the report:** <https://forms.gle/dCMZds8J3ec4iRiA9>

There are many ways in which you can help others. Pray to the Holy Spirit and talk to your parents and sponsor for guidance, in order to determine how you can best be a missionary and through your actions come to know Christ; how to be the best version of yourself.

Suggestion List / Clarification of Project

What is an “Act of Kindness?” An activity that is done for the good of someone else, is done without pay or benefit to the student, and takes at least 30 minutes to accomplish.

Every student must do **at least one Corporal Work of Mercy and one Spiritual Work of Mercy activity**:

How are “Acts of Kindness” approved? Parents are responsible for approving the “Acts of Kindness”.

Corporal Acts of Kindness/Mercy

(These activities benefit a person’s physical needs)

- Tutor younger students
- Rake/shovel/take out the trash or recycling for a neighbor you know
- Regularly write or call a relative who is alone
- Write thank you notes to people who help you and others
- Do a special project around the house
- Prepare food for a soup kitchen or a homebound neighbor
- Organize a collection for the needy

Here are links to a couple of organizations that are currently seeking volunteers:

- Feeding Westchester:

<https://feedingwestchester.org/take-action/>

- Hope Community Services in New Rochelle

[H.O.P.E. service opportunity here at the Church of Saint Joseph](https://www.hopecommunityservices.org/)

<https://www.hopecommunityservices.org/>

Spiritual Acts of Kindness/Mercy

(These activities are prayers for the benefit of others)

- Pray the rosary (daily or weekly) for the intention of a special person
- Make a novena for a specific intention
- Attend weekly Mass (virtual or in-person) for a special intention
- Pray the Stations of the Cross – here is a link to a presentation made by our St. Joseph’s Youth Ministry team https://m.youtube.com/watch?v=DAIvrv1u_tU

